Purpose

Peter Ballantyne Child and Family Services Inc. (PBCFSI) must serve the responsibilities of:

- Protecting children
- Strengthening and empowering families
- Preventing placement
- Promoting healthy development of children

PBCFSI believes that each family has the right to participate in a program that addresses its unique service needs, focusing and building on family strengths and potentials.

What is the Family Wellness Centre?

The Family Wellness Centre delivers a residential care program for families who require additional support with maintaining the family unit. The program uses traditional and contemporary practices to promote and enhance holistic healing of families. The program offers a continuous intake of families on a 6-week cycle.

The Centre is a facility that is operates 24 hours a day and 365 days a year and can accommodate up to eight family members. The Centre provides all necessities for the family during their stay.

To Access Services Contact:

Central Office:
Chief Joseph Custer Reserve #201
2301—7th Street West, PO Box 158
Prince Albert, SK S6V 5R5
Toll Free: 1-800-365-9257
Phone: (306) 953-4410
Fax: (306) 953-4414
Resource Manager: June McCallum

Sandy Bay CFS Office:
Blk 5, Lot 14 Sandy Bay Avenue, PO Box 184
Sandy Bay, SK S0P 0E0
Phone: (306) 754-4422
Fax: (306) 754-4554
Program Supervisor: Tara Bridges

Sandy Bay Family Wellness Centre:
General Delivery
Sandy Bay, SK S0P 0E0
Phone: (306) 754-2288
Fax: (306) 754-2287
Family Wellness Supervisor: Mindy Ray

Deschambault Lake PBCFSI Office:
Lots 24, 25, 26 Oskatuc Terrace
General Delivery
Deschambault Lake, SK S0P 0C0
Phone: (306) 632-2329
Fax: (306) 632-4473
Program Supervisor: Della Ballantyne

Deschambault Lake Family Wellness Centre:
General Delivery
Deschambault Lake, SK S0P 0C0
Phone: (306) 632-4701
Fax: (306) 632-4703
Family Wellness Supervisor: Paul Ballantyne

PETER BALLANTYNE CHILD & FAMILY SERVICES INC.

FAMILY WELLNESS CENTRE

"The Family Wellness Centre provides a safe and nurturing environment to families that wish to create positive changes in their lives."

"FAMILY IS STRENGTH"

PETER BALLANTYNE CHILD AND FAMILY SERVICES INC.

VISION

Safe and happy children living in healthy families and vibrant communities

The main goals of the program are to:

- Enhance self-esteem and cultural identity
- Build healthy intra/interpersonal relationships.
- Increase the ability to identify and express feelings
- Promote movement toward personal growth.
- Identify with the spiritual, emotional, physical and mental well-being of the individual.

Family Wellness Center promotes the well-being of children in need of protection by offering services that are designed to maintain, support and preserve the family in the least disruptive manner. The program is adapted to meet the needs of each individual family.

Who is eligible for the program?

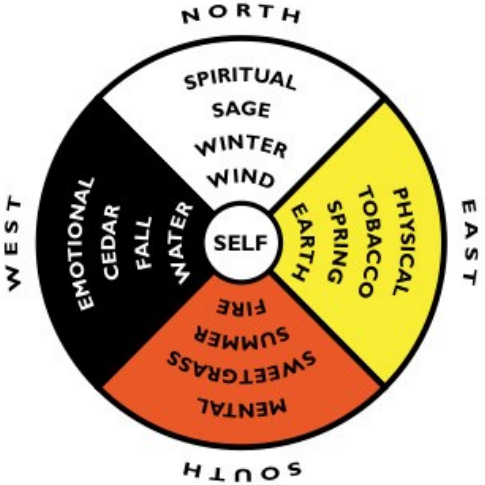
The program is available to Peter Ballantyne Cree Nation members residing in our Peter Ballantyne Cree Nation communities.

The admission to the Family Wellness Centre program is voluntary. The Child and Family Services Workers in each community office make the referral for the family to the Family Wellness Centre. An intake committee reviews the application for admission.

Program

The Family Wellness Centre provides programs to families; parents with their children, who are willing to address their issues and explore alternate choices for a healthier lifestyle for themselves and their children. The services have helped the parents in acquiring the knowledge and skill to parent their own children and have made it possible to be reunited with their families.

The Family Wellness Centre program is built on the framework of the traditional Medicine Wheel:



The programs offered are:

Cultural and Traditional Teachings
Elder Services
Sharing Circles
Individual & Group Counseling
Drug & Alcohol Counseling
Life Skills
Family Camps
Anger Management
Domestic Violence
Grief and Recovery
Self care, Goal Setting, and Self Esteem
Triple P Positive Parenting Program
Child & Family Services Act

Where to Apply?

Parent(s) may visit their local PBCFSI office for more information about the program and how to apply.

PBCFSI has two Family Wellness Centres located in Sandy Bay and Deschambault Lake.